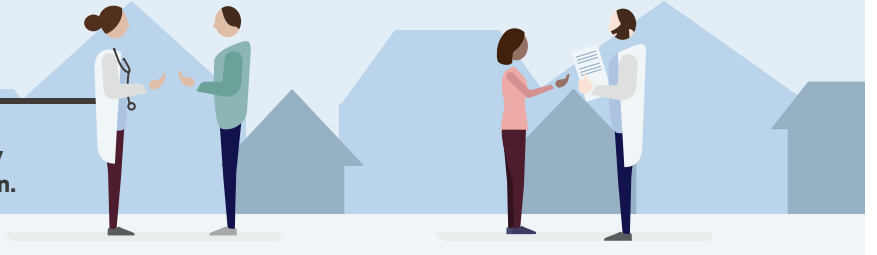


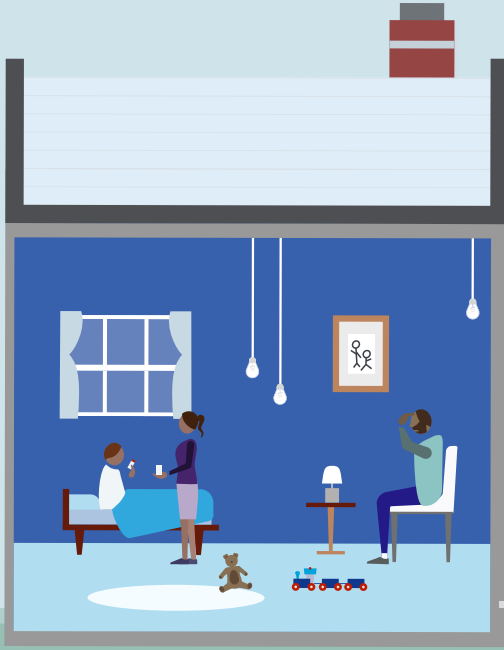
Health Heroes

Patients want better health outcomes. People want healthy homes. That's where energy performance and YOU come in.



Are Unhealthy Homes Making Your Job Harder?

* Because Americans spend up to **90% of their time indoors**, it's especially important to ensure it's a healthy environment.



* Poor indoor air quality costs the US economy more than **\$10 Billion Per Year** by worsening illnesses and allergenic symptoms and reducing productivity.



Health Professionals Can Give Better Support

* People want healthier and more efficient homes.

Our Homes Can Affect Our Health

* Homes with low energy performance can have characteristics that contribute to and/or worsen symptoms of **respiratory, cardiovascular, and mental health conditions**.

Encourage Healthy Home Energy Improvements

* Health professionals can encourage homeowners to make specific home energy upgrades that can help reduce spending on healthcare and utility bills.



* **Healthy Home Upgrades**

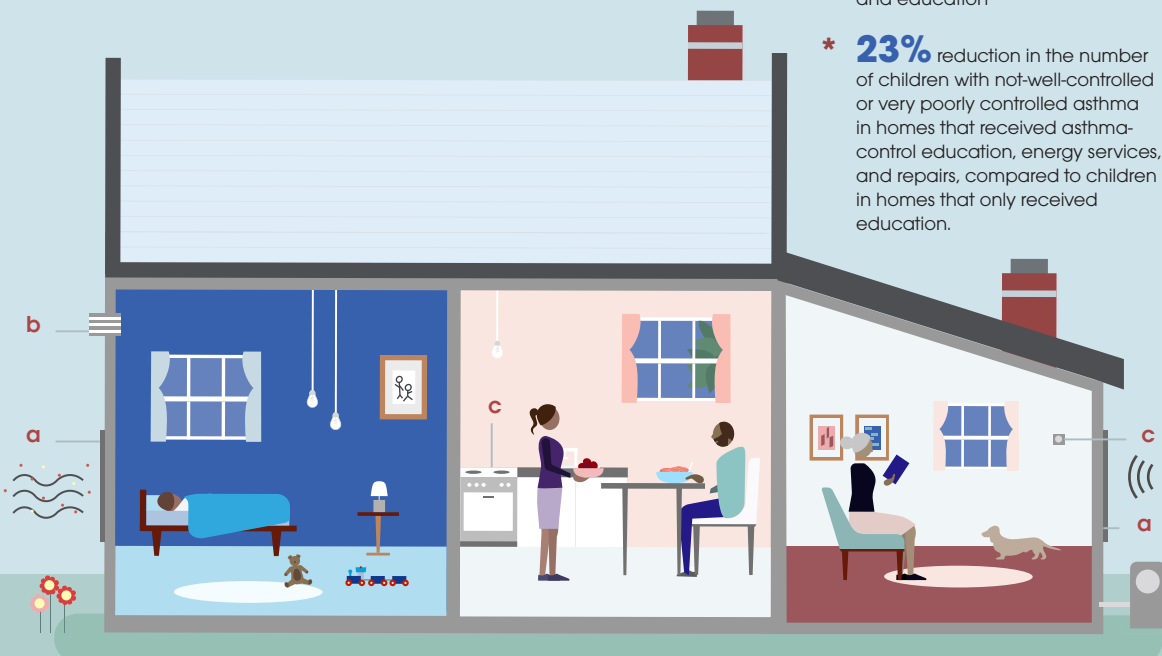
a. Insulation and air sealing improve indoor temperatures and relative humidity and reduce the amount of outside allergens and noise entering the home.

b. Improved ventilation and vent dryers reduce moisture, mold, particulates, pollutants, and allergens in the home that contribute to asthma.

c. Heating and cooling system and efficient cooking appliance upgrades reduce indoor pollutants and lower utility bills while providing better comfort.

* **12%** fewer emergency room visits for asthma in homes that received quality weatherization and education

* **23%** reduction in the number of children with not-well-controlled or very poorly controlled asthma in homes that received asthma-control education, energy services, and repairs, compared to children in homes that only received education.



* Indoor air quality issues associated with poor energy performance also affect people where they work and learn.

Don't Forget!



Learn more at [NEEFusa.org/HealthHeroes](https://www.NEEFusa.org/HealthHeroes)
Links to References Provided for *Starred* Text Above.

